

Monroe Dancin

Low Advanced

Recorded by: Ricky Skaggs – Brand New Strings

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Sequence: Wait 16 Intro-A-B-C-A-B-C (music cut after this)

Intro

DR ST SK Up Flap ST DR ST SK Up Flap ST
& 1 e & a 2 & 3 e & a 4
R L R R R R R L R R R R

2 Flat Foot Basics

DR ST SK Up Flap ST SK Up Flap ST ST ST
& 1 e & a 2 e & a 3 & 4
R L R R R R L L L L R L

Flat Foot Triple

Repeat all of the above on opposite foot

Part A

Stomp DT Up DTB H B H B
1 & 2 & 3 e & a 4
L R R R L L R R

Double Up Buck

ST ST Dbl Hop ST(xib) Dbl Hop ST(xib) Dbl Hop ST(xib)
& 1 e& a 2 e& a 3 e& a 4
L R L R L R L R L R L

Irish Triple

Repeat Double Up Buck on opposite foot

ST Dbl Hop ST(xib) Dbl Hop ST(xib) ST ST
1 e& a 2 e& a 3 & 4
R L R L R L R L R

Modified Irish Triple
(Turn 1/2 L)

Repeat all of the above

Part B

DS (1/4 L) H ST H ST H ST
& 1 & 2 & 3 & 4
L R L R L R L

Travelin Shoes
(Moving toward front)

DS DTB H B DR B H B
& 1 & 2 e & 3 & a 4
R L R R R L R R

Synchopate

DS DS H H Flap B Flap B
& 1 & 2 & 3 e & a 4
L R L R L L R R

Walk The Dog Flap

DS DS B(xif) T B B(os) H B
& 1 & 2 & a 3 & a 4
L R L R R L R R

Buck Fancy Double
(Turn 1/4 L)

Repeat all of the above

Part C

DS BR Up DT(xif) Brk Brk Brk/ST BR Up DT(xif) Brk Brk Brk/ST BR Up
& 1 & 2 & 3 & 4 & 5 & 6 & 7 & 8

Broken Ankles

L R R R B B L/R L L L B B R/L R R

DS DS DS RS
&1 &2 &3 &4
R L R LR

Triple
(Turn ½ R)

DS DS DS SK Click(R heel to L toe) Flap ST
&1 &2 &3 e & a 4
L R L R B L R

Click It Up

Repeat all of the above
