

In the Belly of the Whale

Intermediate

Recorded by Newsboys Veggie Tales: Veggie Rocks! 3:15

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Sequence: Wait 32 A - B - C - B - Break - B* - D - E - D - End

PART A

DS /SL RS/SB RS DS DS Dbl/B H/B H/B
&1 & 2& 3 &4 &1 &2 &a 3 e & a 4
L L RL L RL R L R L R

Cole Step &
Triple (Buck)

DS Dbl/Down Hop Hop S/RS DS DS Br/Up
&1 & 2 3 & 4 &5 &6 &7 &8
L Both L L R/LR L R L

Football
Turn 1/4 L (Down)
Turn 360° on Hops

Dbl/Drag RS S/Drag RS S Br/Up DS RS
& 1 &2 3 &4 5 &6 &7 &8
L R RL R/L LR L R R LR

Drigger Drag
Turn 1/4 R on Br/Up
To face front

DS DS DS Br/Up DS RS RS RS
&1 &2 &3 & 4 &5 &6 &7 &8
L R L R R R LR LR LR

Cowboy
To L corner on Triple
Turn L on Chain
To face front; Clap RS
("Big Fish" Hands)

PART B

DS DS(xif) DR-S/Pull STEP RS DS DS Dbl/Hop Tch
&1 &2 & 3 & 4 &5 &6 &7 e& a 8
L R R L/R R LR L R L R L

Samantha Drag
w/ Canadian Ending

DS RS RS RS DS DS Dbl/B H/B H/B
&1 &2 &3 &4 &1 &2 &a 3 e & a 4
L RL RL RL R L R L R

Raise the Roof & Triple
(Hands: Up, front, side)

DS RS DS RS DS RS DS RS
&1 &2 &3 &4 &5 &6 &7 &8
L RL R LR L RL R LR

4 Clap Basics
(Mime hands)

DS DS(xif) RS(xib) RS(xif) Bounce/H RS DS RS
&1 &2 &3 &4 & 5 &6 &7 &8
L R LR LR Both LR L RL

Mr. Haney Stomp

B Leave off the Mr. Haney Stomp.*

PART C

DS B/TS(xib) B/HS(os) B/TS(xib)
&1 &a2 &a3 &a4
R L/R L/R L/R

Buck Chain
w/ "Wake-up Arms"

DS Dbl(xif)/Flage Flange Flange Up
&1 &a 2 & 3 4
L R L R L R

Flange

Dbl/B H/B H/B Pause (Pose to think)
&a 1 e & a 2 3 4

Buck Basic & Pause

DS T/S H/S H/S T/S H/S H/S
&1 e& a 2 e& a 3 e& a 4
L R L R L R L

Buck Joey

DS DS DS BR/Up RS BR/Up DS RS
&1 &2 &3 & 4 &5 & 6 &7 &8
R L R L LR L L RL

Tiny T
(Move back on Basic)

Dbl/K Chug Db/K Chug RS
& a 1 & 2&a 3 &4
R L L L R R RL

Della

S S Hand Hand
R L (Hands over mouth)
1 2 3 4

Vomit

BREAK

DS DS DS RS

Triple 360° Turn R

&1 &2 &3 &4
R L R LR

DS DS H H Flap/Ba Flap/Ba
&1 &2 & 3 e & a 4
L R L R L L R R

Flap the Dog

DS DS(xib) RS S RS DS RS BR/Up
&1 &2 &3 4 &5 &6 &7 & 8
L R LR L RL R LR L

MJ Turn 1/2 L

Repeat MJ only turning 1/2 L to end facing the front.

PART D

DS DBL(b)/Hop(1/2R) B(xib)/SL H(1/4L)/Flap
&1 & 2 & 3 & 4
L R L R R L L

Hop Slap
(Turn 1/2R then 1/4L)

DS DS B/SL RS
&1 &2 &3 &4
R L R/R LR

Fancy Slide

Repeat the Hop Slap and Fancy Slide three more times (in a box).

PART E

DS Dbl/Hop Toe/Toe S SK/Hop H S Dbl/Hop Toe S Dbl/Hop Tch/Up
&1 e&a 2 & 3 & 4 & 5 e&a 6 & 7 e & a 8
L R/L R R L R/L R L R/L R L R/R L/L

Magic Toes

DS DBL HOP TCH(xif) DS DBL HOP TCH(xif)
&1 e& a 2 e&3 & a 4
L R L R R L R L

2 Canadian Basics

DS/T(os) S/T(os) S/T(os) S/H(os) CHUG
&1e a2 a3 &a 4
L/R R/L L/R R/L L

Hop Toes

DS Dbl Hop DBl Hop T/S DS DS(xif) T/S DS DS (xif) T/S Dbl Hop Tch
L R L R L RR L R LL R L RR L R L

Canadian Eight

DS DBL HOP TCH(xif) DS DBL HOP TCH(xif)
&1 e& a 2 e&3 & a 4
L R L R R L R L

2 Canadian Basics

DS/H(os) S/H(os) S/H(os) S/H(os) CHUG
&1e a2 a3 &a 4
L/R R/L L/R R/L L

Hop Heels

DS/K(IF) LIFT BA/H Flap Drag/Up

& 1 & 2 & 3 & 4
L R R R L L R R

Split Step

H/S(xif) T/S(xib) H/S H Up
&1 &2 &3 & 4
R/R L/L R/R L L

Crab Walk
(Turn ¼ L on last H/S)

END

S S S High 5
1 2 3 4
L R L Hand

3 Steps–Hi 5